# ANNA MEDICAL COLLEGE

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MAGAZINE 2 0 2 4



# **ANNA MEDICAL COLLEGE**

**ESTABLISHED IN THE YEAR OF 2012** 



#### **MISSION**

To produce physicians who will be knowledgeable of principles of modern medical sciences and masters in the art of critical thinking in clinical decision making process.

To produce physicians who are dedicated to the ethical and social principle of the profession with lifetime commitment to continued learning.

#### VISION

The vision of the institution is to achieve global standards in human development and excellence in education and healthcare.

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## **MESSAGE FROM THE CEO**



Dr Franklin, CEO of AMC

Anna Medical College was established in the year 2012 with the goal of creating physicians who will be successful in their clinical practice, serve the society and are dedicated to the ethical and social principle of the profession with life time commitment to continuous learning. Our experienced international and Mauritian teachers focus is to impart these qualities. This has to be accompanied by self development including physical, mental and social development which are supported by the institution throughout the course period.

Anna Medical College prides itself on the strength and ambition of its students, be it education, sports, arts, music, dance and strong interpersonal relationships among and with the faculty. Students interested in research are motivated and facilitated to publish research articles by the team of faculty within the institution and from abroad.

We are proud to say that Anna Medical College students are now practicing as Doctors or undergoing their post graduate and specialist courses worldwide.

Anna Medical College is in the process of continuously expanding its infrastructure. A large campus is being developed in Flacq to provide the best teaching campus and accommodation facilities.

It is my great pleasure to see the progress of the student committees and student council (present and earlier) in creating a balanced campus environment through their contributions. I appreciate the initiative of introducing the college magazine.

I am grateful to the Dean of the institution, his teaching and non teaching team for their success in shaping and creating medical professionals in line with the goal of the institution.

I wish everyone a great success.

## **MESSAGE FROM THE DEAN**



Dr Dinesh Maskeri, Dean of AMC

We come to the end of another glorious year of the Students' Council. A welcome development is the continuance of a College Magazine contributed to by students and staff. Every year is filled with challenges and triumphs. Surprisingly, each year presents a wide array of these and they seem to cycle over the years. Students embark on an incredible journey when they join the MBBS program. More so, when they travel to foreign lands. It is a tremendous adaptation they must go through, to cope with the new environment, culture, behavior patterns, people, teaching and learning methodology, and so much more. Through all these struggles I, more often than not, see a passion, dedication, and a hunger for knowledge that inspires and contagiously spreads to peers and faculty.

College life is not just about attending classes and good grades. It's about seizing every opportunity for growth and personal development. Whether it's joining a club, participating in research, or taking on leadership roles, learning to communicate better, or in different languages, etc. Each experience shapes the student into "Leaders of Tomorrow". Not all experiences are exhilarating; likewise not all are something to forget about. Each has a place in shaping the person into a better version and depends on the outlook one has. There is always another side of the coin — one must take the effort to turn it around. We must find the positive in everything to grow.

Nothing brings out the best in students more than a Social Event or College Sports. This is when you see them strive for the best and edge a little further. Every sinew of competitiveness straining to the max. There is an immense attitudinal change that shows up in the dressing, grooming, language, mannerisms, and interpersonal skills. It is always thrilling to see this determination; though I always wish it would spread a little into the academic front as well. Every year our alumni get in touch with faculty they have been close to. Every year it is the same: "I wish we had put in a little more effort", or "The academics at Anna is so much better than what the other guys in our coaching class have gone through!", and so on. Then, when they get past the initial hurdles of their medical career, I have no doubt they will be beaming with pride, self-respect, and a sense of fulfillment. This is also the time when they realise that they are just at the starting line (of learning)!

So, if you don't have a wealth of stories to tell people after your years in Mauritius, you'd have missed a wonderful opportunity to create some. Don't leave AMC without them, while keeping in mind the priority of basic education.

As long as you are here, let's continue to strive for excellence and make a positive impact on our campus and surroundings. Wishing you all the best in your academic pursuits and career ahead.

### **MESSAGE FROM THE ASSOCIATE DEAN**



Dr. Ravishankar, Associate Dean of AMC

Greetings, Students of Anna Medical college.

You are here pursuing your goal of becoming excellent physicians. This is an arduous but important journey.

Many of you are far from home and dealing with the intricacies of daily living, navigating the complexities of academic curricula and clinical rotations. In addition, you are dealing with the stress of examinations.

At times you may seek help from mentors, peers, and faculty. Please remember that seeking help is not a sign of weakness, but a demonstration of your commitment to excellence and continuous improvement.

Having been there myself, I would like to share with you some attitudes and practices that helped me. You might find them useful as well.

1.Each one of you started your journey as a student of science. I urge you to wear and cherish this label for the entirety of your career. This will make you a lifelong learner and one committed to the scientific method — the basis of all modern medical knowledge.

2.You started your journey studying the biomedical sciences. This foundation is vital in understanding diseases, you will encounter in your clinical years and beyond. Do not hesitate to revisit these rather important subjects as needed.

3.Diversity is all around us. Diverse viewpoints and perspectives are invaluable in helping you grow and mature. Embrace diversity. This means celebrating the differences that make each of you unique and creating an inclusive environment where everyone feels valued.

In closing, as the Associate Dean of our esteemed college, I am here to support you every step of the way. My door is always open, and my team and I are committed to providing you with the resources and guidance you need to succeed.

# MESSAGE FROM THE STUDENT WELFARE COMMITTEE



From the Desk of the Chairperson, Students' Welfare Committee Dear Esteemed Faculty, Respected Colleagues, and Beloved Students,

It is with immense pleasure that I address you through the pages of the first College Magazine of the Anna Medical College and Research Center. As the Chairperson of the Students Welfare Committee, I am honored to share this space with you—a canvas where ideas, experiences, and aspirations converge.

The contents of this magazine express the thoughts, dreams, and aspirations of our student community, while also reflecting their ability to think differently and outside the box. Student life is all about fostering well-being and camaraderie while navigating through the rigors of an academic life away from home, family, and friends. As you delve into the pages of this magazine, you will also find stories of unique and varied experiences derived from the days, months and years of lectures, lab work, clinical rotations, examinations, and latenight study sessions. From laughter-filled corridors to quiet introspection, every facet of our college life contributes to our growth as students, professionals, clinicians, and teachers. As we turn these pages, let us reflect on our shared purpose - to learn, to heal, and to uplift. Our college is not just a place of education; it is a crucible of character, compassion, and commitment.

Without taking up more of this space and your time, on behalf of the Students' Welfare Committee, we hope that this magazine inspires you, challenges you, and reminds you that together, we are ANNA MEDICAL COLLEGE!

With warm regards, Dr. Zacharias Kunnel Antony Chairperson, Students Welfare Committee

## **MESSAGE FROM THE STUDENT COUNCIL**



This is the first annual magazine to be published in AMC. The main aim of the magazine is to keep a record of all the activities which has been conducted during the academic year. The hidden intention is also to instigate & provide opportunity for the students to portray their interests in the form photography, sketching, writing articles, poems and many more.

A heartfelt thank you to the fellow students who have given us the opportunity to be the voice of the student community of AMC.

Throughout our tenure from 2023 to 2024, it was a great learning experience in organizing, planning, and conducting a different variety of events. Being in the council also made us realize the importance of teamwork as it not only reduces the work load but also gives us a platform where alternative viewpoints can be pitched in & put into action. The constant support from the students by showing interest in participating in all the events was a huge reminder and motivation for each one of us to continue with our involvement, hard work which in the end turned out to be a great show.

-Elakiya Manopriya President Student Council 2023-2024

# FROM THE EDITORIAL

"Writing means sharing. It's part of the human condition to want to share things - thoughts, ideas, opinions." -Paulo Coelho

A yearly magazine about the life and prestige at AMC is the medium through which the ingenuity & hard work of this institution are valued. We have tried to represent the same in this first edition of our college magazine. The students throughout the sessions have strived for excellence. They have put their best foot forward & made every event a huge success throughout the academic session 2023-2024. Compiling the students' colossal efforts into these pages wasn't an easy task and wouldn't have been possible without the wonderful core team of our magazine committee.

Memory is the diary that we all carry about with us. We hope when your mind hearkens back to the year 2023- 2024, this magazine helps you to remember your college life with sweet nostalgia.

It has been a wonderful journey working for the magazine, more so an unparalleled learning experience. Our heartfelt thanks and appreciation goes out to everyone who has contributed to or aided in the process of creating this year's magazine.

#### WRITERS & EDITORS

#### 2019 A

- Elakiya Manopriya
- Adhithya Sasikumar

#### 2019 B

- Charisma L. Sheela
- Nandini Neelavanan
- Sneha Saravanan
- Mohamed Hassan
- Rasvi Tharun Adithya

#### 2021 B

- Pranjal Rajiwade
- Subashree Kumar
- · Khushi Rijhwani
- Siddharth Gupta
- Sriya Madhivendan
- Nidhi Patel
- Aneri Y. Shah

#### 2022 A

• Anisha Chakraborty

#### 2022 B

- Sheetal Sampath B.
- Bhagesri Narayan
- Silvanus Tuscano
- Rupesh Tandale
- Saigayathri

#### 2023 A

- Navreet Kaur
- · Palak Priya

#### **PHOTOGRAPHERS**

#### 2020 B

- Gafoor
- Sayuj

#### 2021 A

- Anshu
- Anujay
- Astha
- Afra

#### 2022 B

· Divyanshi

# TO THE PILLARS OF OUR COLLEGE



"The function of education is to help you from childhood not to imitate anybody, but be yourself all the time"

Educating the mind without educating the heart is no education at all. We are truly blessed to have such an empathetic and skilled CEO, Dr Franklin sir, constantly supporting us with his kind words of encouragement and charmingly mentoring all our endeavors. We sincerely appreciate your patience and compassionate supervision which has helped to shape our college.



Dr Franklin, CEO of Anna Medical College



Ah, the vitalizing quote from analytic thinker and philosopher Jiddu Krishnamurti, made familiar to us by our shrewd, meticulous and benevolent Dean Dr. Dinesh Maskeri, who has always emboldened us to work hard, study smart, to know our own goals and priorities, to stay out of trouble, and most of all, to dream big and be the best possible version of ourselves.

Thank you sir for taking the responsibility of navigating the ship of AMC across this vast ocean of knowledge and difficulties. We are immensely grateful for your guidance, support and for always making us think.